H.S. Arun is coming to Olympic Iyengar Yoga June 13-15, 2023 Come to the Sea and the Mountains to study with a World class Teacher

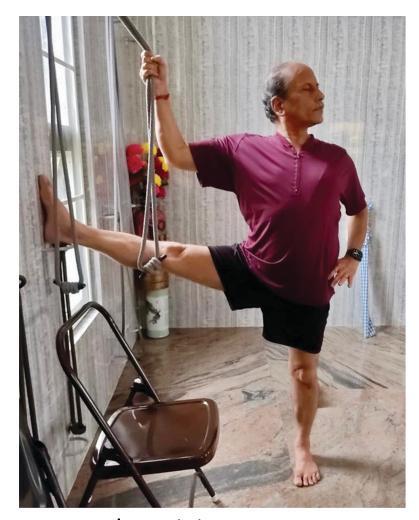
This three-day workshop with H.S. Arun will move you deeper into your practice.

Arun is a yoga teacher from Bangalore, India. A long term student of B.K.S. Iyengar and the Iyengar Family. His teaching is fun with a creative use of props and he has a good sense of humor, making you want to learn from him. He is an amazing yoga teacher.

Tuesday, Wednesday & Thursday 10-12 am & 3-5 pm Each Session: \$50 Whole Workshop: \$250

Pre-registration required.
Cancellations are not refundable.





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